EXCITING RACES AT THE SAUCER.

E. B. Heagren Made a Great Ride Against Chapman's Motorcycle

M'FARLAND BEAT SAMUELSON

In the Three-Quarter-Mile Professional Race - Redman Brothers Won Pursuit Tandem Race.

There were only two features associated with the bicycle races at the saucer last evening that were not altogether pleasing to the fans. They were:

The chilly conditon of the atmosphere and too much music from the band. There was a large crowd on hand. The kind of crowd that jumps to its feet, waves hats and handkerchiefs and cheers frantically.

There was plenty of noise. But instead of cheering the winner of the various events, the crowd shricked for the losers and manifested its disapproval

over the results. But with bicycle contests the race is not to the slow, nor to he that endureth unto the end, but to the swift. And the swift won.

It is but natural that the fans wanted Samuelson to win the three-quarter-mile professional event, Samuelson also wanted to win the race, but McFarland had made different arrangements, and when he crossed the tape a winner by several lengths, it was not pleasing to the crowd or to Samuelson.

Then, the fans were really anxious to

Then, the fars were really anxious to sea West and Castro to make "foolishnesses mit" the Redman brothers, but the latter could not convince themselves that the proper thing was to lose the race, so they flew into the displeasure of the crowd, and also into first money, which was not so bad. This was in the unlimited tandem pursuit race.

But this was not all.

In the five-mile motor race, E. B., Heagren was, pitted against Eddle Smith, mounted on Chapman's motor. The crowd thought Chapman was riding the machine, and instantly he was made the favorite over Heagren. But the latter cared naught. He was after the money and he got it by one of the most brilliant and daring bursts of speed ever seen on the saucer. He seemed to throw caustion to the winds, ad went around the saucer at a rate of speed that caused dizziness to those who watched him. He won the race by a safe margin.

those who watched him. He wen the race by a safe margin.

At the finish of the three-quarter-mile professional race Samuelson registered a kick about something or other, and the next instant Hardy Downing, the popular California boy, was hurling a den at the native son and wanted to bet 'steen million dollars, lawful money of the United States, that he could make Samuelson look like a cipher, with the rim purjoined, in a half-mile match sprint race.

Billy accepted.

Billy accepted.

He is the summary:
Three-mile lap Face, handicap, amateur—West scratch, Heagren 45 yards, Castro W yards, C. Redman scratch, Laps; C. Redman 2, I. Redman 4; Heagren 2, Weister 3, Wilcox 2, Lindgren 2, Morgan 6, Larsson 2, Time—6:24 3-5.

Thre-quarter-mile professional final-McFarland, Downing, Hofman, Samuel-

on. Time—1:30.4-5.
Unlimited tandem pursuit race between tedman brothers and West and Castro, you by Redman brothers, distance one alle and five laps. Time—3:15.3-5.

Constant mile desk professional consoler. Williams, Hollister, Stevents, Time-

Five mile motor match race between Chapman's motor, Eddie Smith up, and A Smith's motor, Heagren up—Won by Heagren by two feet—Time—7:10.

You Are Losing Money and comfort so long as you wash with any other soap.

Fels-Naptha is a money-saver and comfort-maker. Fels-Naptha Philadelphia

THAT LAWSON MEDAL.

Local Sporting Writers and Bike Riders Will Give Meet.

Local sporting writers and bike rider, are determined that iver Lawson shall be presented with a handsome diamond nedel, as a gift from the Salt Lake cycle

presented with a handsome diamond medsl, as a gift from the Salt Lake cycle fraternity.

Those interested in the movement feel that the famous rider should be remembered for all that he has done for Sait Lake. He has advertised Saft Lake City as no effer men has done, and he is entitled to some little token of appreciation. On every track in the United States, and on most of the tracks of Europe, Iver has attracted attention to Salt Lake City. He has never signed the register at the notels as "liver Lawson of Sweden." It has always been "Iver Lawson from Salt Lake City."

He will be returning from Europe in a short time, and local fams want to give him a pleasant surprise when he arrives. Salt Lake Sporting writers and bike riders have decided to present him with a diamond medal, and with this object in view, a big race meet is being arranged, under the management of Harry Heagren, manager of the saucer, and it is proposed to give the meet on Sunday afternoon.

Mr. Heath has kindly offered the use of the track absolutely free, and the riders, to a man, have volunteered their services.

It will be a blue ribbon event.

It will be a blue ribbon event.

The winner of each event will be presented with a blue ribbon. The program is being made up by Manager Heagren, and it goes without saying that it whi be a ratiling good one.

IN THE BIG LEAGUES.

PACIFIC NATIONAL LEAGUE.

 Bojse
 52
 48
 690

 Spokane
 66
 53
 554

 Butte
 53
 65
 419

 Salt Lake
 47
 72
 395
 AMERICAN LEAGUE.

NATIONAL LEAGUE.

W. L. P.C.

WESTERN LEAGUE.

Philadelphia, Sept. 13.—Rain interfered with the last of the series between Boston and Philadelphia. The game was called at the end of the seventh, with no runs scored. Attendance, 3,100. Score;

Batteries-Tannehill and Criger; Henley and Powers, Chicago.—Cleveland-Chicago American league game postponed; rain.

St. Louis .- Detroit-St. Louis American league game postponed; rain.

NATIONAL LEAGUE.

Boston, Sept. 13.—New York won both games today in easy fashion. The second game was called at the end of the seventh. We are to be afflicted with one more white peas. The luncheon followed the

by darkness, Attendance, 1,300. Score **EUREKA BUTTER** Boston ... 1 6 b
Batterles-McGlinniay and Warner; Wilhelm and Needham.
Two base hits-Needham. Bresnahan.
Bases on balls-Off McGlinnity, 3. Struck
out-By Wilhelm, 1; by McGlinnity, 4.
Umpires-Carpenter and Emsile.
Second ware. ALL DEALERS.

Batteries-Ames and Warner; Pittinger

Two base hits-Cooley, Dunn, Bases on alls-Off Ames, 4; off Pittinger, 2. Struck ut-By Ames, 6; by Pittinger, 3. Unpires-Emslie and Carpenter.

Brooklyn, Sept. 13.—Brooklyn defeated Philadelphia today by bunching lits in the third inning. Attendance, 1,000. Score;

and Dooin.

Two base hits—Dillon. Three base hits—
Lumley, Home run-Titus. Bases of balls

Off Cronin, 5; off Frazer, 4. Struck out—
By Cronin, 7; by Frazer, 5.

Umpire—Moran.

Cincinanti, Sept. 13.—Pitisburg lost two games to Cincinnati today and went back to third place. The second game was called in the seventh on account of dark-ness. Attendance, 4,400. Score:

Batteries-Walker and Street; Lynch

Batterles-Harper and Schlei; Rober-

WESTERN LEAGUE.

Des Moines, Sept. 13.—Des Moines-Sioux City game postponed; wet grounds.

Omaha, Sept. 13.—Omaha-Denver game postponed; wet grounds.

St. Joseph, Sept. 13.—St. Joseph-Colorado Springs game postponed; rain.

PACIFIC COAST LEAGUE.

San Francisco, Sept. 13.—Baum won his game again today, although he allowed the Commuters to make five hits, only one of which, however, brought over a run, Graham was given poor support, the infield playing in ragged style and dividing between them the five errors made. Score:

ON THE RACE TRACK.

Nancy H. Won Grand Circuit Event

Worth a Purse of \$1.000.

Readville, Mass., Sept. 13.-Grand circuit

and Stark. Umpire-McDonald.

trotting summary:

Batteries-Baum and Eager; Graham

Cincinnati Pittsburg

and Phelps.
Two base hits-Wagner, Lynch,
Umpire-Zimmer.

First Game-

equipped, most sanitary creamery, makes Eureka Butter, the best but-ter on the market. Our new cream-ery just completed

FAUST CREAMERY & SUPPLY CO.,

Dealers in Butter, Eggs, Cheese, T

Etc. 551 West Third South Street.

week of baseball, and then the end will come. It will be Salt Lake vs Buite, but mostly Butte.

Mr. Downing believes that he can beat Mr. Samuelson in a half-mile match race, best two out of three heats, and is willing to wager as much as \$190 on the result. Manager Heagren will give them the race when they sign up.

It is well known that there is an agreement in the baseball leagues to the effect that a player can not jump a contract with a team and then play with another team. But like some of our laws, the agreement seems to be a dead letter, else why should Weed be permitted to play with the Portland aggregation?

Coach Maddock of the 'Varsity football squad, had the bunch out for practise yesterday afternoon, and it must be said that he gave the boys a wholesome supply of ginger. Maddock is trying to get the boys used to the hurry up habit, and they are responding to his suggestions right heartily. Plenty of new material is showing up, and the institution is sure to have a great eleven this year.

Two base hits—Steinfeld, Wagner. Three base hit—McCormick, Bases on balls—Off Robertaille, I. Struck out—By Harper, 4; by Robertaille, 3.

Umpire—Zimmer. A dispatch from Stanford University, Cal., says: Athletic Manager R. W. Bararett has about completed arrangements with the Utah Agricultural College of Logan, Utah, for a football game to be played at Stanford no Nov. 5, one week before the inter-collegiate game with California. This game will be the last preliminary event of the 'Varsity eleven. The Utah team has an average weight of 200 pounds to the man and is expected to give the cardinal line a close game.

> SOCIAL AND PERSONAL.

fall season was that of Miss Clara Leone Horne, daughter of Mrs. Sophronia Spencer Horne, and Mr. Ambrey Nowell, the young couple being married in the Temple last Wednesday, and a reception being held in the evening at the home of the bride. The rooms were prettily decorated with palms, vines and autumn flowers, astrotting summary:

Two-seventeen pace, purse \$1,000, three in five—Nancy H won the fourth, fifth and sixth heats in 2:09½, 2:12½ and 2:13½. Edgar Boy won the first and second heats in 2:10¾ and 2:08¾. Owyhee wons the third heat in 2:09½. Lookout Hal, Little Miss, Elizabeth S, Director Jone and Montle Joe also started.

Two-fourteen trot, purse \$1,000, three in five (unfinished)—Sonata won the first and second heats in 2:14½, and 2:12½. Alberta won the third heat in 2:13½. Thornboy, Sidney McGregor and Blackthorn also started.

Two-ten trot, purse \$1,000, three in five—Mainland won the second, fourth and fifth heats in 2:12½, 2:13½ and 2:15½. Ethel Wynn won the third heat in 2:14½. Mary Steele won the first heat in 2:13½. Truthful Chimes, Bernardo, Direct Well, Mattie Lynne Hotl, Florence C, Hydrastine and Lucky Jim also started.

Two-six trot, purse \$1,000, two in three—Caspian won the first and fourth heats in 2:10¾, and 2:09, Hawthorne won the second heat in 2:08½. ters and nasturtians being effectively used. The home of the young couple, which is next door, was also thrown open, and decorated, the dining room, where refreshments were served, having a pretty arrangement of nasturti-ans. The bride wore a dainty and becoming costume of white, and carried roses. A large number were present, the guests being chiefly members of the two families. Mr. and Mrs. Nowell have the best wishes of a host of friends in their new life.

Tomorrow the marriage of Miss Catherine Lowe, daughter of Mrs. George A. Lowe, and Grant Hampton will take place, the ceremony to be performed at the home of the bride in the morning, and the bridal couple to leave immediately after for an east-ern trip. Miss Margeret Park will be maid of honor, and Mr. Sam C. Park best man.

The luncheon given by Mrs. Hub-bard Reed at the Alta club yesterday was a pretty affair, the table being decorated in sweet peas, with a cen-terpiece of the flowers forming an ace

held in the parlor. Two interesting weddings take place today, being those of Miss Rose Jen-kins and F. C. Lewis, and Miss Eddington and Mr. Squires.

regular game of bridge, which was A petition has been received by the

The luncheon given by Miss Della Richards in honor of Miss Henrietta Holmes at the Alta club today, was a delightful affair, and was enjoyed by about 25 guests.

Mr. and Mrs. Henry Arnold are in the city, visiting Miss Bess and Dr. E. L. Arnold.

Miss Edith Hill entertained at a pleasant evening party on Monday in honor of Miss Esther Wells.

Judge and Mrs. W. C. Hall have re-

turned from Glenwood Springs, Mr. and Mrs. Egbert Roberts will be the guests of Mrs. George A. Lowe during the next month.

Mrs. H. P. Henderson left yesterday for an extended stay in the east expecting to visit with friends in Chiago and Michigan, and afterward

visit the fair Mrs. Thomas B. Davis is vbisiting her mother, Mrs. Harkness.

PEACH DAY EXCURSION

To Brigham City via Oregon Short Line. Round trip, \$1.25. 300 or more cases of peaches will be distributed free, in addition to an ample suppl of cantaloupes and watermelons. Ther will also be a basebull game, a balloon ascension, and dancing afternoon and evening, the Brigham City Military Band being in attendance. In the evening Nannie Tout will sing in the Tabernacle. Special train leaves Salt Lake 8:00 a.m.

UTAH DAY AT THE FAIR.

Intention to Make It a Joyous Occasion for All Concerned.

At the next meeting of the Utah world's fair commissioners to be held emorrow or Friday definite arrangements will be made for the observance of Utah day at the fair on Oct. 20. It is the intention to make the day as pretentious as the means of the commission will permit. Arrangements are being made with the railroads for a special rate from Utah points on that occasion and it is expected that a large num-ber of citizens will attend.

Governor Wells and staff will attend and it is hoped that a number of other officials of the state and the various counties and cities will be able to attend. A band will be taken from this city and if possible a troup of the National Counties are considered. tional Guard.

NEW ROAD FOR SHEEP.

Citizens of North Salt Lake Petition Council for a Change.

The three commissioners of Davis county were in the city yesterday to confer with the Salt Lake county commissioners and the committee on streets of the city council concerning the changing of the road for driving sheep through the western and northern part of the city into Davis county. None of the members of the city council were present at the meeting but the commissioners from the two counties talk-ed the matter over but no definite action was taken in the matter.

At the present time sheep and cattle are allowed to be driven through Camp Lane and Ninth North street and thence to the Davis county stock yards.

YOU CAN DO ANYTHING.

I a meeting not long ago a lady

told in a rich, vibrant, powerful

WITH PHYSICAL HEALTH

council from the residents in that por-tion of the city asking that the route be changed. It is the intention of the council committee to see if highway No. 29 which lies west of the Jordan river can not be put in condition for the use of the stockmen instead of using the present route through the city. Should the change be made it would neces-sitate the construction of a bridge over the Jordan river in Davis county. The aver paying one-half of the cost the bridge and the city will necessarily have to pay the other buf as it will be responsible for the change in the route should any be made. The Salt Lake county commissioners

do not favor the new road if it is the intention of the city to keep the stock rom passing through Emigration can yon in passing to and from the mountains. The present route for sheet through the city to Emigration canyon is along Twelfth South and Twenty first East. As that is the only canyon n this county open to the passage of theep now it is not deemed wise by the commissioners to close it.

HUMOROUS.

Cold comfort-fee.-Philadelphia Record.

"You can't do two things successfully at the same time." "I did." "What did you do?". "Spent my money and my vacation."—Cleveland Plain Dealer. Edith-"When I accepted Jack he said he was in the seventh heaven of happi-ness." Ethel—"Quite likely—ho's been engaged to six other girls this sesson." —Puck.

"I don't have to work for a living, said the shiftless individual, "Or cours you don't," rejoined the busy man. "you did it's a safe bot that you wouldn be living."—Chicago Daily News.

Professional Jealousy,—"So you we to Dr. Pedal's pinno recital, eh? The what do you think of his execution "To be thoroughly frank with you think he thoroughly deserved it. Brooklyn Life.

The Inference—Glies (who has been rendered "first ald" to wrecked motor-cyclist)—"Naw, Marm, I don't think as he is a married man, 'cos'e says this be the worst thing wot 'as ever 'appened to un!"—Punch.

"Here young man," said the old lady, with fire in her cye, "1-ve brung back this thermometer ye sold me." "What's the matter with it?" demanded the clerk, "It sin't reliable, One time ye look at it it says one thing, and the next time it says another."—Philadelphia Ledger.

Hicks—"Pulling, the dentist, has brought sult against one of his patients or damages caused by the extraction of one of the patient's teeth." Wicks— "Guess you mean the patient has brought Guess you mean the patient has brought uit against the dentist." Hicks-"Mean what I said. Dr. Pulling declares he was ever-persuaded by his patient, and he estimates if the tooth had been left in it would have been worth at least a hundred and fifty deliars to hem keeping it in working order."—Beaten Transcript.

CASTORIA For Infants and Children. The Kind You Have Always Bought

Bears the Chart Hilltchis.

Three tests of an Advertising Medium:

The Character of its Readers. The Extent of its Circulation, The Cleanliness of its Columns.

Judged by these standards, The Deseret News. Stands at the top.

HOW TO FIND OUT

Fill a bottle or common glass with your water and let it stand twenty-four hours; a sediment or settling in-dicates an unhealthy condition of the kidneys; if it stains the linen it is evi-dence of kidney trouble; too frequent desire to pass it, or pain in the back is also convincing proof that the kidneys and bladder are out of order.

What to Do.

There is comfort in the knowledge so often expressed that Dr. Klimer's Swamp-Root, the great kidney remedy, fulfills every wish in curing rheumatism, pain in the back, kidneys, liver, biadder and every part of the urinary passage. It corrects inability to hold water and scalding pain in passing it, or had effects following use of liquor, wine or beer, and overcomes that un-pleasant necessity of being compelled to go often during the day, and to get up many times during the night. The mild and the extraordinary effect of Swamp-Root is soon realized. It stands the highest for its wonderful cures of the most distressing cases. If you the most distressing cases. If you need a medicine you should have the best. Sold by druggists in fifty-cent

and one dollar sizes.

You may have a sample bottle of You may have a sample bottle of Swamp-Root, the great kidney remedy, and a book that tells all about it, both sent absolutely free my mail. Address Dr. Kilmer & Co., Binghamton, N. Y. When writing be sure to mention that you read this generous offer in the Salt Lake Daily Deseret News. Don't make any mistake, but remember the name. Swamp-Root, Dr. Kilmer's the name, Swamp-Root, Dr. Kilmer's Swamp-Root, and the address, Bing-hamton, N. Y., on every bottle.

falling hair-bone pains, catarri and don't know it is BLOOD POISON. Send to DR. BROWN. 235 Arch St., Philadelphia, Penn., for BROWN'S BLOOD CUFE, \$2.00 per hottle; lasts one month. Sold in Salt Lake only by F. C. Schramm, First South and Main Sts.

Your

Store May

Not Be

The

Biğgest

One in its line in town; but if your ads are the brightest, and pluckiest and biggest of any store of your store's size in fown, you will win-and the cashier of your bank will always have a cordial greeting for you.

Mary Carey Thomas COLLEGE PRESIDENT

ternational Council at Berlin

MONG the cabled accounts of the | called sphere. On the contrary, promeetings of the Women's In- portionally as many university women marry as do other women, and the was a mention of the address | children of the college educated mother made by Dr. M. Carey Thomas, presi- are as numerous as those of other wodent of Bryn Mawr college. In that men. At the same time the college wospeech Dr. Thomas declared that uni- man's health has been proved to be versity work does not overtax women's better and stronger than that of the strength or unfit them for woman's so average noncollegiate woman. Dr.



FROCK OF WHITE VOILE.

Cream voile forms this dainty frock. The soft material is shirred three times down the skirt length, the edge of the jupe being trimmed with a new effect in crochet lace. This crochet work also ornaments the bodice, which has full, puffed sleeves and fitted cuffs.

statements with the cold figures that prove them true

"PENNY" GOSSIP.

Now for the heroes of the pigskin and the gridiron.

The cablegram contained the statement that Dr. Thomas' address was reeived with great applause.

It is no wonder Dr. Thomas' speech was received with great applause. I heard her speak last winter to a New York audience. She is a beautiful woman in the perfect prime of life. Her face beams with a radiance of intelligence, earnestness and kindliness. She out calmly and sincerely without a hem or not. To say what one honestly thinks to be true-what else is there to do? And her utterances, spoken in a clear, strong, perfectly cultivated voice cannot help having an influence deep

Dr. Thomas carries her noble independence and individuality even into matters of dress. She was beautifully gowned-would have been counted "stylish" even in New York. Yet, truly is you live, that dress of hers had a pecket in it, deep enough, too, to hold her manuscript as well as various other articles. Again, the average woman would have bedraggled herself out upon that platform with a long, dust gath- in Angle-Saxon, English, Gothic, old ering train of hampering dry goods around her feet. Not so M. Carey Thomas. Her skirt, rich in material. perfectly made, was at least two inches above the floor.

So she stood before us, a radiant plcture of health, handsome, learned, broad minded and warm hearted, graceful, tastefully costumed, the perfeet type of the new woman new slowly

but splendidly evolving. In one of her addresses President Thomas mentions the difficulties that beset a would be college woman even so late as her own schooldays, thirty years ago. She was born of Quaker parentage in Baltimore in 1857. As soon as she was old enough to think she determined to secure a college education.

She says: "I was born with a desire to go to college and afterward to a German university. It seems to me in believing that a woman had the right to skirts and loose garments. Her waist looking backward as if the world had a university degree. been full of persons bern to prevent me. But my desire to go was so overwhelming that everything had to give with all the topics on which they quesway before it.

army of old fogy relatives and friends could stand. The girl with the coerwhelming desire for knowledge went to Cornell university, where she was gradnated in 1877. Then she knocked at the door of the great Johns Hopkins university in her own city of Baltimore. | ly to all qualified women students. The generous gift of \$320,000 from Miss Mary E. Garrett of Baltimore opened the doors of Johns Hopkins university of languages.

allowed to have full matriculant privileges. They were not permitted to enmust get their knowledge outside as refused to take a degree from an Ameragainst women. She went to Europe and studied at Leipsic university. her the degree of LL. D. Leipsic, on the one hand, permitted we-

Thomas has a way of clinching her [men to study in the classes with men,] and Miss Thomas and a friend, Miss Gwynne, entered the department of modern languages and did brave work for three years.

On the other hand, however, Leipsic would not give degrees to women, and in the second year of the American girls' stay there the German government requested Saxony to close the doors of its university to women stured. Some of the faculty of the Leiphas strong convictions and speaks them | sic university had become so impressed with the brilliant attainments and thought of whether Mrs. Grundy likes studiousness of Miss Thomas and her friend that they personally appeared before the Saxon parliament and requested the decree against women to be suspended till after the two American was granted, although the university

degree was refused to them. "But I will have a degree," said M. Carey Thomas. She applied at Gottin-

"It is not advisable to give degrees to women," said the Gottingen faculty. Next to Zurich, Switzerland. mission to try for the coveted Ph. D. was there granted, but grudgingly. Miss Thomas prepared for examination

and mediaeval German and German literature. Apparently everything was done to prevent the indomitable girl from securing her pear in presence of

before the high conclave. They plied her for three hours with the hardest questions their ingequisition trial for heresy, the heresy of

tioned her. The examination was so Against a dealre like that not even an brilliant that it extorted involuntary, even enthusiastic, admiration from the inquisitors who tried to snuff the degree, not now grudgingly, but summa cum laude. From that day to this Zurich university grants degrees willing-

From Zurich she went to Paris, studying there a year, after which she mind to be well has never worn either Revel in pure air. Live in it and in the returned to her own native land. Since to girls in so far as obtaining degrees then she has been a part of Bryn Mawr. belts or high, stiff collars. She has through the nostrils and fill every little went. Mary Carey Thomas entered In 1885 she was made its professor of only two meals a day and eats almost the Baltimore university as a student | English literature. About the same no meat. The cannibal instinct is lacktime she became dean and in 1894 ing in her. She is so careful not to give No yet, though, she found, were girls president. Under her direction the her stomach more than it can do that standard of instruction has been so modernized and so raised that today ter the classes with men students, but Bryn Mawr comes nearer being a university than any other college for wobest they might. The high spirited girl men in existence. Miss Thomas was to indulge in bad temper or backbiting that can happen is worth spelling your the cat was annoyed at being made in a trustee of Cornell university from or violent outbursts of grief or unpleas- good looks or your health over. ican school that discriminated thus 1895 to 1899. In 1896 the Western unt- ant feeling of any kind. Don't worry, versity of Pennsylvania conferred on

EMILY SCHUYLER.

voice how for twenty years she

had been an invalid, a nuisance to herself and all about her, as useless to the world as a dead leaf beneath a living dents. And here a fine incident occur- tree. She made up her mind all at once she was going to be well. No matter how she achieved it, the main fact was that she made up her mind she was going to be well, thought of-herself always as well and would not yield to invalidism any more. In a comparatively short time she attained magnificent ladies had finished their course. This results. She became a power in her sphere, a blessing to all who knew her. When she spoke in public she carried conviction with what she said because there went out from her the magnetism of perfect physical health, a magnetism that nothing but physical health can give. The lady told how she was now perfectly well. In a voice which, as one could see, sent a thrill through her

audience, she concluded: "Then I was an invalid and forty-five years old. Now I am entirely well and

am sixty-five years young. At the close of the meeting scores of women and even a number of men crowded around the woman who was degree. She was sixty-five years young to grasp her summoned to ap- hand, to get a word of cheer from her. She was fairly mobbed in a friendly the full faculty, and way because of this atmosphere of not only that, but good health and good will which to wear a complete streamed out around her. It seemed as evening dress, with if, unconsciously to themselves, those train and white who had listened to her sought to gloves. Arrayed as breathe in a bit of that atmosphere to directed. Miss their own prefit. Glowing health and

Thomas appeared joy were in it. In a large city there was held a competitive contest to find the healthiest, most perfectly formed woman in the nuity could suggest. It was like an in- place. She who won it was only a schoolgirl, still in the freedom of short had never been "shaped" by the fash-The woman came off triumphant and jonable corset, she had never become showed herself to be entirely familiar knock kneed and pigeontoed through the wearing of heavy, hampering skirts, This fine young woman had sense enough in her early teens to decide that health was preferable to fashion. She began training herself accordingly, if American girl out. They gave her her that can be called training which merely consists in avoiding the things that injure a weman's health. Besides being perfectly formed, the girl is always in robust health.

To begin, this girl who made up her corsets, tight shoes, high heeis, tight she sometimes skips even one of her two daily meals and fasts till next day. The last one of her "don'ts" is of ut- yourself always be cheerful, good temmost importance. Don't allow yourself These things poison the blood, injure the health and hurt a girl's beauty. Here are a few of the "dos" of our ment she scarcely dreams of now. The and soon was well as ever again.

MRS. HENRY CLARK CORBIN.

Socially the attractive wife of Major General Corbin has become better known than have any of the wives of the commanders of the eastern military department in recent years. The old timy barracks at Governors island in New York bay now echo with the music and laughter of lawn fete in summer and gay indoor functions in winter. General Corbin's first wife, a most estimable Ohio lady, was an invalid in her later years, and general social life was not possible for her. The present Mrs. Corbin is much younger than her soldier husband, whom she naturally admires greatly. She was Miss Edith Agnes Patten of Washington before her marriage and one of the "two handsome Patten girls." General and Mrs. Corbin will be missed socially not a little when they leave for the Philippines this autumn.

young lady: Take a bath every day, finishing with cold water over the whole body. Have all garments loose and as light in weight as possible sunshine as much as possible. Breathe cavity in the lung cells with pure air. Finally take abundant physical exercise, and take it as much as possible in the open air. Take long walks or cycle in loose, light garments and comfortable shoes. Whatever happens, make

The result is richly worth the price. reach heights of power and achieve- edly, but it rapidly improved in health

reason the Japs are astonishing the world with their exploits is that they have robust physical health to build on, MARY GOULD LYTLE.

TO GIVE A CAT MEDICINE.

A certain lady whose beloved cat was ili was much disturbed in mind because she could not induce it to take any sort of medicine. Persuasion and coercion had both falled, when a newly arrived servant; hearing of the trouble came to the rescue. By her advice the medicine was mixed in lard and then pered and serene of mind. Nothing smeared on the cat's body. Of course such a mess and at once set to work to clean Itself up. After that it had the With perfect health a woman may same disagreeable task set it repeat-